

# Dr. Ms. C.M.E. Mathews Memorial Development Association (MMDA)

## ANNUAL REPORT 2017-2018

### ADDRESS

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### ANNUAL REPORT YEAR: 2017-2018

### INTRODUCTION:-

The Dr. Ms. C.M.E. MATHEWS MEMORIAL DEVELOPMENT ASSOCIATION (MMDA) is a Voluntary Organisation with ultimate activities of making unique feature. It is legally registered under Tamilnadu Society's Registration act 27 of 1975. Our organization is dedicating for the welfare and development of Rural and Tribal underprivileged people for the past 26 years.

### Our Vision:-

The vision is of a just and democratic world free from poverty where basic human needs and rights are met. It is committed to improvement in the quality of life of the deprived and disadvantaged sections of the society. It strives to promote principles of equality and social justice, so that women and men can develop capacities and participate equally in all aspects of social political and economic life and have the rights to sustainable livelihood.



Our area of operation is villages and slum areas in Tiruvannamalai District in Tamilnadu state where the signs of developmental backwardness are prominently visible in the area. The area is completely plains/hilly villages are interior and inaccessible by public transport system. The health infrastructure is much too inadequate. Majority of the working population is engaged either in rained subsistence farming or manual labour rainfall is very low and irregular. A number of socio-economic problem exist such as mass poverty, indebtedness, mass unemployment lack of skills, low levels of educational attainments, low levels of literacy, migration exploitation of landless labourer child labour, a high school dropout rate low status of women poor health of women violence against women castiesm and atrocities against daliths.

#### 1. WOMEN AWARENESS PROGRAMME :-

MMDA Organisation has organised Right to Information Workshop on implementing the Right to Information Act (including drafting and filing RTI applications, complaints and appeals) in Kalasapakkam and Thenmathimangalam village.

Its Main Objective of the Workshop.

- Important Provisions of the Right to Information Act 2005
- How to use the Right to Information Act
- Powers and Functions of the Information Commission
- Some key issues and challenges of the RTI Act
- Strengthening RTI by campaigning for the adoption of Right of Citizens for Time Bound Delivery of Goods and Services and Redressed of their Grievances Bill 2011
- How to access information under RTI swiftly and make the Tamil Nadu Right to Information Commission work efficiently
- MMDA has conducted Plastics awareness about the dangers of using plastics and ways to reduce plastic waste. At that time, we have discussed Information about harms caused by plastic bags.



- In the campaign our Mr. G. GUNALAN, PRESIDENT has given some information about the Recycling. He said that Recycling is a huge part of our responsibility as global citizens. We have been taught to recycle paper, plastic, and glass; however, many of us forget to recycle our light bulbs. Many consumers have opted to use more energy-efficient, compact fluorescent light bulbs in their homes and businesses, which is great for the environment! But the buck doesn't stop there. After using energy-efficient lighting, it is important that is properly disposed of. Nearly 250 numbers of women folk were attending at Tiruvannamalai Full moon Girivalam time. Every full-moon time nearly 3-4 lakhs pilgrims were come together at this place. At that time we have conducted this programme.

## 2. HEALTH AWARENESS PROGRAMME : -

AYUSH, namely Ayurveda, Unani, Yoga and Naturopathy have been serving the mankind since thousands of years. Siddha system of medicine is prevalent in Tamilnadu and its adjacent areas. For convenience of administration, Homoeopathy has been added along with these systems. In spite of the great progress made by modern scientific system of medicine, these systems are still widely used by masses in areas like life style diseases (mental stress, heart disease, bronchial asthma, diabetes mellitus etc.), Liver disorders, Gastro intestinal disturbances, Ano-rectal disorders, Respiratory diseases, Joint disorders, Skin diseases and various functional disturbances, Psychosomatic disorder. These systems are sometimes used as alternative therapies in cases where the modern drugs have their limitations in use and also result side effects caused. The medicines of these systems are also used sometimes as adjuvant to prevent the side effects of modern medicine on liver, kidney, bone marrow etc. There is a growing interest in the world towards herbal remedies. We have conducted Awareness on Siddha, Ayurvedic and Unani medicine in Siruvallur village.



### 3. CHILDRENS CAMP :-

MMDA has conducted children Camp. 30 School drops ours are selected and coaching classes. We learn the beneficiaries signing, reading newspaper, etc. We have provided with Books and Notes, guides to the beneficiaries at free of cost.

### 4. OLD AGED HOME :-

MMDA is the Rest Home for aged people, with view that are growing problems among the rural families in India due to modernization and fast paced livings on present days. Family bonded and love are broken now a days, where the aged parents are left alone by the children and also due to over burden with works of this present day society or due to migration to cities and abroad for works and income generation by this young generation, many of the elder s are left alone with no care for medicine, love and other basic amenities in their rest of life. Hence MMDA is one of the key initiatives of Dr. Ms. C.M.E. MATHEWS MEMORIAL DEVELOPMENT ASSOCIATION meant to support the deserving elders in their rest of life, but with a focus on Short Time Stays until their family is counselled and the elders are reinstated back into their regular social life. MMDA campus is situation in an eco-friendly atmosphere, free from pollution.in KALASAPAKKAM, Taluk HQ, MMDA has very good infrastructure with 4 rooms with 2 Kitchen and bathrooms & Toilets with all facilities, two Halls, well equipped and facilitated with care.

To help needy aged ( any person of either sex above 60 years), irrespective of caste or creed. For the above purpose and or in pursuance thereof to undertake, execute, support and assist any programme(s) or project(s) with no profit motive designed, to provide –

We have selected 25 senior citizens and provided with Food, Water, shelter clothing and for needy aged Medical care with refreshment like Newspaper, Television and other activities like Yoga and physical exercises to improve the health of the Ashramites.



Educational & recreational facilities to the aged and provide facilities for them to lead a religious & meditative life.

- To promote National Integration and Unity of the Country
- To promote self confidence and spirit of self reliance among the Ashramites to enable them to acquire necessary skills and guide them to achieve excellence in their fields of activity.
- To publish books, newspapers, journals, brouchers, pamphlets etc., to achieve the objectives of MMDA-Sevashram
- To encourage the Ashramites to actively participate in the social services which may be sponsored for the upliftment of villages, even by accepting aid from National & International Philanthropic Agencies
- To encourage Ashramites in maintaining agriculture and Diary farm within the MMDA-Sevashram

To do all such things as are incidental or conducive to the attainment of the objectives or any of them.

#### **CONCLUSION:**

Dr. Ms. C.M.E. MATHEWS MEMORIAL DEVELOPMENT ASSOCIATION (MMDA) convey its thanks to its members, well wishes, cultural team members and philanthropists to implement the welfare schemes successfully without any obstacle. MMDA also plans to continue to implement the welfare/development programme in the forth coming years with the cooperation of state and centre Govt.

The Annual Report was presented in the General Body Meeting of MMDA, Katcherimangalam Village, Tiruvannamalai District.

THANKING YOU AND EXPECTING YOUR COOPERATION



  
**G. GUNALAN**  
**PRESIDENT**  
**Dr. (MS) C.M.E. MATHEWS,**  
**MEMORIAL DEVELOPMENT ASSOCIATION**